

positive coaching discussion questions

Name: _____ **Date:** _____

What have others told you your strengths are?

What do you think your strengths are?

What part of your work do you enjoy doing the most?

What would a great workday look like? What would be most enjoyable about that day?

What are your personal goals?

What are your career goals?

What is one thing you could do differently today to start using more of your strengths in your current role?



Source: Mike Marshall, Success Amplified